

Dealing with Cyber Bullying

Talk



- 1 Talk to your children about social media, if there is a problem with cyberbullying, remind your child that it is not their fault

Ignore



- 2 Ignore
Encourage your child not to reply to unwanted messages.
Do not reply on their behalf.



Report

- 5 Report
If problems persist speak to school and in serious situations, speak to the guards



Copy

- 3 Copy
Keep a copy of content by taking screen shots



Block

- 4 Block
Block the sender/remove them as a friend.

